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[Review: Salata](#)

Posted on April 14th, 2008 1:31pm by [Nancy Nichols](#)
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Going out to lunch can be a real pain. It just gets in the way of a perfectly good work day. Occasionally I venture out of my cube with a view for something to eat, but usually I just grab leftovers and dine over the comfort of my keyboard. Today I had to go to Fidelity Investments in Preston Center to donate blood money to what is left of my IRA (don't forget!) and I stopped in to try [Salata](#), a quick and easy salad and wrap bar, not to be confused with [these](#). The concept is simple: you line up and design your own salad or wrap from a seemingly endless buffet of choices. There are lettuce selections, over 20 veggies, fruits, nuts, and cheeses. Meats include chicken (chipotle, pesto, herb-marinated, or any combo), marinated shrimp, crab, and baked salmon. The dressings are fresh; the completed wraps are bigger than Tim Rogers' ego. If they put one in across the street from this office (hint, hint...there is an empty restaurant space available), I would eat there every day except Friday. The bite-size brownies? Yes, please. And the chipotle ranch dressing? Cleared my sinuses right up.

2 Comments to "Review: Salata"

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